



May is Older Americans Month – a tradition dating back to 1963 to honor the legacies and ongoing contributions of older Americans and support them as they enter the next stage in life. Educational Alliance is joining communities nationwide in celebrating this month with special activities and events. This year’s Older Americans Month theme – **Get into the ACT** – celebrating how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others.

We invite members & anyone 60+ to join us for ANY of the listed activities!

Check out the fun and exciting events that we are offering this month at our multiple locations!

For more information, please visit us at www.EdAlliance.org/older_adults



Weinberg Center for Balanced Living:
197 East Broadway,
New York, New York 10002, 4th Floor
646-395-4270

Co-op Village/NORC: 465 Grand Street
New York, New York 10002
646-395-4510



Sirovich Center for Balanced Living
331 East 12th Street
New York, New York 10003
646-395-4531

Project Ore
331 East 12th Street
New York, New York 10003, Mezz. Floor
212-780-5436



May 2015:
Educational Alliance
celebrates
Older Americans Month



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Weinberg Center for Balanced Living: 197 East Broadway

Friday, 5/8/15, 12-1:30PM (MCC, 6th Floor) — **Mother's Day Luncheon** — Come have lunch to celebrate all mothers and for a voluntary contribution of \$1.50, and get **a chance to win a special gift!**

Wednesday, 5/13/15, 2-5PM (MCC, "M" Level) — **Older Americans Month Art Exhibit, Featuring "Moving Stories"** — **Opening reception: 2PM in the Ernest Rubenstein**



Gallery — featuring works by seniors who participate in all Educational Alliance senior programs. Special highlight of Weinberg Center's "Moving Stories," an interactive walking storytelling project

based in the Lower East Side, created in partnership with Artist-in-Residence Laura Nova. The project is funded by SPARC, a collaboration among the New York City Department of Cultural Affairs, the Department for the Aging, and the City's five local arts council. "Moving Stories" will be featured in the lobby of the Manny Cantor Center, in the Jewish Communal Fund gallery.

**The entire exhibit will run through June 26th.*

Friday, 5/15/15, 9:30-1PM (MCC, 4th Floor) — **Stylin' Seniors Photo Opp** — DFTA Project — A "casting call" to senior centers, encouraging fun-loving members who enjoy being photographed to **sign up for a photo "shoot"** and to **dress with style and pizzazz** — dress hat and accessories welcome!



Come and enjoy our dance performance showcases during Weinberg Center's Lunch hour!

Tuesday, 5/19/15, 12:30PM (MCC, 6th Floor) — **Jazz Line Dance Class Performance** — our Jazz Dance Class will show their stuff during lunch.

Wednesday, 5/20/15, 12:30PM (MCC, 6th Floor) — **Chinese Ribbon Dance Class Performance** — our Chinese Ribbon Dance class will perform during lunch.

Thursday, 5/21/2015, 12:30PM (MCC, 6th Floor) — **Musical Theater Dance** — our Musical Theater Dance

Sirovich Center for Balanced Living: 331 E. 12th St

Friday, 5/8/15, 3:30-5:30PM (Café on Mezz) — **Square Dance Hoe Down** — Live Band Playing Your Favorite Country Songs, Square Dancing and Hoedown Throw Down, and Try our Café made lemonade!



Monday, 5/11/15, 6-8PM (Auditorium) — **Age of Love Documentary Screening** —



THE AGE OF LOVE follows the humorous and poignant adventures of thirty seniors in Rochester, NY who sign up for a first-of-its-kind speed dating event exclusively for 70- to 90-year-olds. Have a nice light dinner at Sirovich right before the movie starts (5-6PM) for a voluntary contribution of \$1.50.

***Reserve your dinner ticket at Sirovich TODAY!**

***FREE TRANSPORTATION available! Ask your local Edalliance senior center for more information!**

Thursdays, 5/14/15 & 5/21/2015, 4PM (Café on Mezz) — **Story Telling Workshop** — facilitated by **Racket Action Theater!** Share your stories with each other and talk it up on **Open Mic Night: Tell Your Story LIVE on Thursday, /28/2015!**

Friday, 5/29/15, 4-6PM (Café on Mezz) — **Spa Ha Ha** — Join us for an evening of relaxation! 45 minutes of **Laughing Yoga (at 4PM)** along with **various wellness stations:** *Manicures, Origami, Home Remedies, & more!*

Laughter is the BEST Medicine and it costs NOTHING!

Come and be pampered AND at the same learn methods to keep the relaxation going!

Project Ore: 331 E. 12th St, Mezz Floor

Tuesday, 5/19/15, 2PM (Mezz. Floor) — **Richard Rosen: Volunteer and Author** — Discusses how to write stories that no one wants to tell.

Co-op Village/NORC: 465 Grand Street

Thursday, 5/7/2015, 4-5:30PM (Seward Park Co-op Comm. Room) — **Co-op Village NORC Anniversary Celebration** — Membership celebration for NORC Anniversary with musical performance by **Concerts in Motion Youth Ensemble!**

Thursday, 5/28/2015, 2:30PM (NORC)— **Co-op Village NORC Intergenerational Event with Girl Scouts** — Meet local girl scout troop and visit with them!