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Oil Painting from Still Lifes

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Welcome to my class. You don't have to buy all the materials for our first class. We will talk about the materials for oil painting so that you have an idea what to purchase for the term. For the first class, please bring the following (see details in full descriptions below):

- One painting surface of your choice: Canvas or wood panel
- Two tubes of oil paint: Titanium White and Burnt Umber– 37 ml tube
- Metal palette knife
- Two bristle oil paint brushes: Size 6, 8 Flat or Bright
- Paper palette: Disposable paper palette– 12" x 16" and in gray tone
- Paper towels or rags: Bounty brand paper towels or 100% cotton rags

Paint

There are many good brands of oil paints. One of the best companies is Gamblin which is the best quality for your dollar. Other good brands include Winsor and Newton and Vasari. Old Holland is a fantastic brand but quite expensive. If you choose Williamsburg, please note that their paint is a bit on the heavy side in terms of viscosity.

Recommended Oil Paints in 37ml tubes:

- Yellow Ochre
- Burnt Sienna
- Burnt Umber
- Permanent Alizarin Crimson
- Ultramarine Blue
- Titanium White



Recommended General Supplies

- Palette: Plexiglas, glass or grey disposable palette paper pads– 12” x 16.” Blick or Richeson disposable palette pads are recommended.
- Palette knives: Richeson and Blick brands are recommended. My personal choice is: <https://www.dickblick.com/products/blick-palette-knives-by-rgm/>
- Paper towels or rags: Bounty brand is recommended for paper towels or 100% cotton rags.
- Solvent: Odorless turpenoid mineral spirits like Gamsol by Gamblin or Weber brands– 4oz.
- Oil Medium: Oil medium is usually 3 parts linseed oil + 1 part turpenoid. I recommend using walnut oil but you can also use cold pressed linseed oil– 4oz. You can make your own or purchase pre-mixed oil mediums at the art store. Blick and Artist and Craftsman make pre-made oil painting mediums. This link has an example of an oil medium: <https://www.dickblick.com/products/m-graham-walnut-alkyd-medium/>
- Closable jars or containers: 2 total– 1 for solvent and 1 for oil medium
- Oil Brush Cleaning Soap: Dawn dish soap, Ivory bar soap or Murphy’s oil soap is recommended.