



# COMBATING SOCIAL ISOLATION AMONG OLDER ADULTS: DEFINING TERMS

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# TODAY'S AGENDA

- NYAM Overview
- Definitions
- NYC Data and the IMAGE:NYC Map
- Isolation and the Pandemic
- Age-friendly Neighborhoods Convening





## VISION

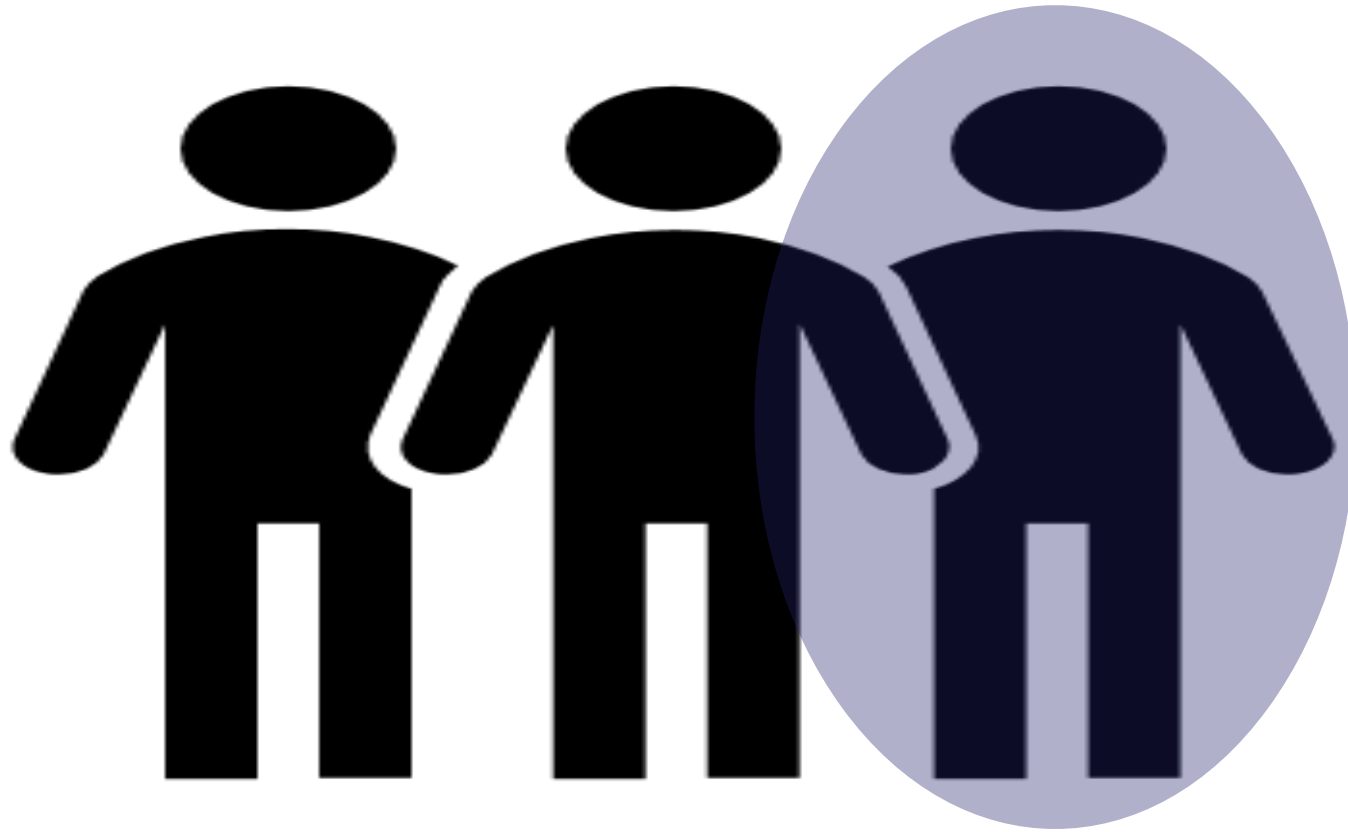
Everyone has the opportunity to live a healthy life

## MISSION

Drive progress towards improved health through attaining health equity



# SOCIAL ISOLATION



# IMAGE: NYC – THE INTERACTIVE MAP OF AGING

THE  
NEW YORK  
ACADEMY  
OF MEDICINE

**IMAGE:NYC**  
INTERACTIVE MAP OF AGING



## LIVING ALONE POPULATION (65+)

the percent of households headed by someone age 65 or older, who is living alone

**56.4%** Householders age 65+ living alone

Based on:

5,379 Householders age 65+ living alone

9,533 Householders age 65+

Data source:

- Data aggregated by neighborhood [Excel], based on tract-level 5-year estimates from the American Community Survey for the 2015-2019 period.

## COMPARED TO MANHATTAN & NYC

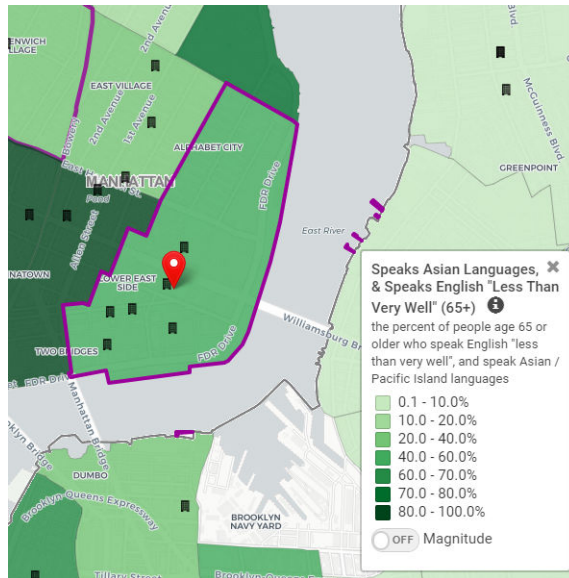


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<http://imagenyc.nyam.org/>

# QUICK GLANCE AT LONELINESS FACTORS IN NYC

- 49% of households headed by someone age 65 or older are living alone
- 60% of people age 65+ are not married
- 33% people age 65+ speak a language other than English and speak English "less than very well"



# COVID AND ISOLATION

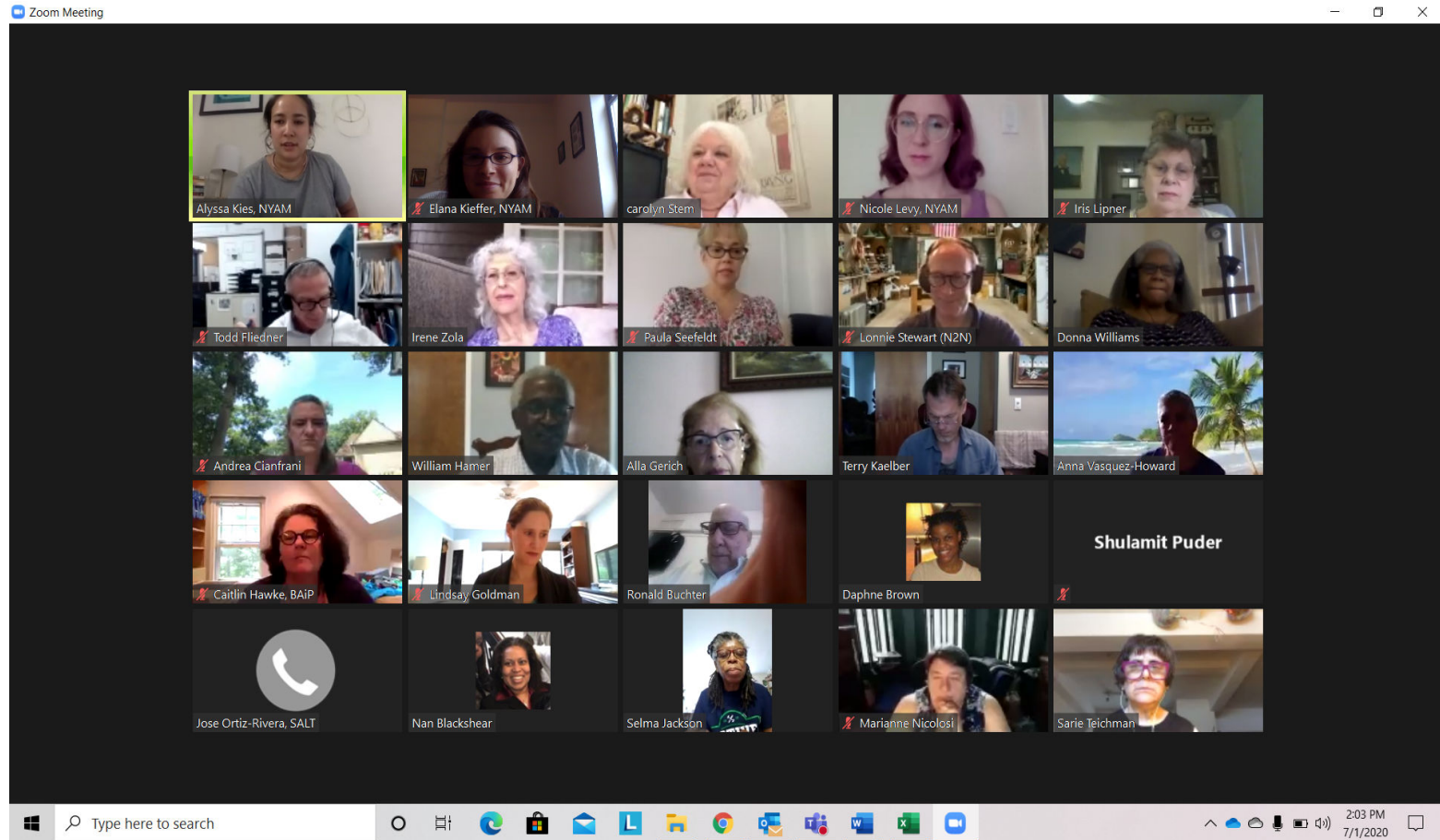
Issue	2018	2020
Percentage of older adults who reported feeling isolated from others	27%	56%
Percentage of older adults who reported infrequent social contact (once a week or less) with family, friends, or neighbors from outside the home	28%	46%

# MY GRANDMOTHER ESTHER





# AGE-FRIENDLY NEIGHBORHOODS CONVENING



## MARTIN LUTHER KING JR. DAY

"Rise above the narrow confines of our individualistic concerns to the broader concerns of all humanity. **The individual or nation that feels that it can live in isolation has allowed itself to sleep through a revolution. The geographical togetherness of the modern world makes our very existence dependent on co-existence.** We must all learn to live together as brothers or we will all perish together as fools. Because of our involvement in humanity we must be concerned about every human being."

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