



Acrylic Painting Instructor: Jodie Niss JNiss@mannycantor.org

All materials can be picked up at art stores such as Blick or easily ordered online. Do not buy brushes on Amazon.

Recommended Paints:

Acrylic paints come in different levels of fluidity, this is referred to as "body". Heavy body acrylic is thicker and more like the consistency attributed to oil paint (most popular, especially among beginners). The fluid body is more graphic and watery in consistency. You can also get the heavy-body paint, and then add mediums to your paint to change the consistency. If you already know that you want a more fluid paint feel free to select that when you're picking your materials. You can also choose slower-drying paint called 'open'. Slow-drying paint has a retarder pre-added. If you want to experiment with slow-drying paints without the commitment, you can also buy a retarder separately and add it to your paint as a medium. If you feel overwhelmed by choices, get heavy body paint and some of the mediums listed below.

Colors - Feel free to get whatever fun colors you like. Below are the traditional colors for Intro to Painting Course:

Titanium White (need larger tube of .150 ml)
Cadmium Yellow Light (37ml tube)
Cadmium Yellow Medium (37ml tube)
Yellow Ochre (37ml tube)
Cadmium Red Medium (37ml tube)
Alizarin Crimson (37ml tube)
Burnt Sienna (37ml tube)
Burnt Umber (37ml tube)
Raw Umber (37ml tube)
French Ultramarine Blue (37ml tube)
Phthalo Blue (37ml tube)
Sap Green (37ml tube)
Viridian Green (37ml tube)

Optional Paint colors:

Indian Yellow (highly recommend)
Quinacridone Rose (highly recommend)
Quinacridone Red
Cerulean Blue
Mediterranean Blue
Cobalt Blue

Paint Mediums to add to paint: get at least one. If you're not sure I recommend Fluid Medium:

Airbrush medium - makes the paint more like water

Heavy body (Gloss or matte) Medium- thickens the paint

Retarder (slows the drying) - is also often in other mediums as well

Fluid Medium (Gloss or matte) - good for thinning down and pouring paint without it being too liquid and maintaining shape.

Brushes: are best selected in person to see and feel what you like. Bristol brushes give more texture and push, Soft synthetic brushes are better for smooth application and blending. Try both!

Recommended Brushes:

Stiff Natural Bristle Paint Brushes: #6, #2 Round #8, #0 Flat #2 # 4 Filbert #1 Bright

Soft Synthetic or Sable Paint Brushes:

#6, #1, #2/0 Round #4, #0 Flat #2, # 6 Bright

Optional Brushes:

Small watercolor detail brushes

General Supplies:

Canvas Pad - to experiment with your paints on
Canvas 24" x 18" (or smaller)
Paint Box or toolbox
Paper palette
Palette knife (metal)
Paper towels
Two containers for water. You can use cleaned-out food jars
One soap of choice- Brush cleaner soap, a bar of soap, Dawn dish soap
Spray Bottle

Optional Supplies:

Pencil Charcoal Sketch Pad White Chalk

