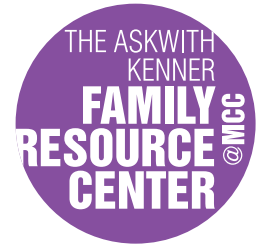


ASKWITH KENNER FAMILY RESOURCE CENTER PROGRAMS | SEPTEMBER 2023



MON - THUR
9 AM - 12 PM

MCC CAFÉ: SEPTEMBER HOURS | 1R

Join us for gathering, coffee, and conversation with staff, friends, and community members!

MON - THUR
9 AM - 4 PM

RELOVED BOUTIQUE: SEPTEMBER HOURS | 152 R

ReLoved Boutique offers children's gently used apparel, books, furniture, and other treasures to find new homes. We also feature food staples, diapers and formula, along with a new section of adult-sized clothing!

TUESDAY
SEPTEMBER,
19TH | 1:30 PM

SEPTEMBER SELF-CARE WORKSHOP

This fall series begins Tuesday, September 19th. Retreat from the chaotic world and take a moment to care for your body, mind, and spirit. Each workshop offers a different self-care activity.

THURSDAY
SEPTEMBER,
21ST | 2 PM

MINDFUL ARTS WORKSHOP

This workshop will show you how to use art to manage stress. Come learn creative techniques and be in community with one another.



SCAN HERE TO REGISTER

FOR A FULL CALENDAR OF EVENTS VISIT

mannycantor.org/resourcecenterworkshops

mannycantor.org | resourcecenter@mannycantor.org | 646.395.4246 | East Broadway New York, NY 10002