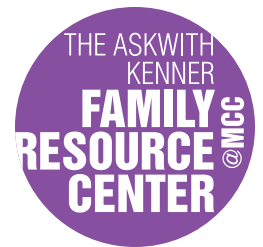


# ASKWITH KENNER FAMILY RESOURCE CENTER PROGRAMS | June 2024



**MONDAYS**  
10 AM

## **PARENT SUPPORT GROUP | 154R**

Join parents and caregivers as they share stories, tips, and experiences, parenting in today's complicated world.

**WEDNESDAYS**  
10 AM

## **BLOOMING BEBE | 154R**

Join developmental movement and music classes that nourish healthy minds and bodies through support and bonding.

**THURSDAY,**  
6/27  
3:15 PM

## **FAMILY ARTS WORKSHOP | 158R**

Learn how to use art to manage stress with calming techniques, and be in community with one another.

**FRIDAYS**  
10 AM  
6/7: ENGLISH  
6/14: SPANISH  
6/21: CHINESE

## **SELF-CARE WORKSHOPS | 154R**

Retreat from the chaotic world and take a moment to care for your body, mind, and spirit. Each workshop offers a different self-care activity.

**SATURDAYS**  
9:30 AM

## **BILINGUAL BIRDIES | 154R**

Experience the joy of language learning through music, movement, and puppetry.

**SATURDAYS**  
10:30 AM

## **BABY'S GOT BACH | 155R**

As an early introduction to music, keep your toddler grooving and learning while singing and dancing.



SCAN HERE TO REGISTER

**FOR A FULL CALENDAR OF EVENTS VISIT**  
**[mannycantor.org/resourcecenterworkshops](http://mannycantor.org/resourcecenterworkshops)**