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Painting: Alla Prima Painting
Instructor: Thomas Legaspi
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All materials can be picked up at art stores such as Artist and Craftsman, Blick, or easily ordered online. The links below are provided so you can see exactly what the instructor recommends.

Oil or Acrylic Painting

There are many good brands making oil paint today. One of the best brands is Gamblin, which is probably the best quality for your dollar. Other good brands include M.Graham, Sennelier, and Grumbacher. Gamblin 1980 brand (Gamblin's student grade paint) is a very good student level paint. Old Holland, Michael Harding, and Holbein are Professional Grade paints that are fantastic brands but quite expensive. Best acrylics are Golden or Liquitex.

Recommended Colors:

- Burnt Umber
- Burnt Sienna or Transparent Red Oxide or Red Earth
- Ultramarine Blue
- Cadmium Yellow Light (contains cadmium which a hazardous material) or Cadmium Yellow HUE (the 'Hue' means it achieves Cadmium like color but contains no actual cadmium) or Hansa Yellow Light (alternative to cadmium yellow)
- Cadmium Red Light (contains cadmium which is a hazardous material) or Cadmium Red HUE (the 'Hue' means it achieves Cadmium like color but contains no actual cadmium) or Vermillion (contains no actual cadmium), or Naphthol Red (contains no actual cadmium) or Venetian Red
- Yellow Ochre
- Flake White Replacement made by Gamblin (when painting flesh this white will retain your colors more vibrantly than Titanium White)
- Titanium White
- Viridian Green
- Naples Yellow
- Alizarin Crimson

Optional Paints:

- Cerulean Blue
- Cobalt Blue
- Phthalo Green

Brushes

Please have 4-5 brushes for this class. The type of brush you use should be based on the type of painting style you want to achieve. Fibers of the brush determine the texture of the painting. If you think you gravitate toward more realistic, soft blended images like Raphael, invest in soft synthetic brushes or red sable brushes. **Follow this link to see an example of this:**

<https://www.dickblick.com/products/blick-masterstroke-finest-red-sable-brushes/>

If you think you like to see your brush strokes like an impressionist painter like Claude Monet, go toward the stiffer natural hairs like bristle or hogs hair. Follow this link to see examples of this: <https://www.dickblick.com/products/princeton-dakota-series-6300-firm-synthetic-hair-brushe>

Watercolor Brushes: suggested are 2-3 brushes. One large brush and one flat or filbert, and one round: <https://www.dickblick.com/products/princeton-heritage-series-4050-synthetic-sable-brushes/>

Recommended Brushes:

For student grade brushes, I recommend brands like Scholastic, Princeton, Grumbacher, Robert Simmons or Blick's line of brushes. For more expensive but better quality brushes, there's Escoda, Isabey, and Old Holland. This link gives a detail description as to the different types of brushes artists may use: <https://en.wikipedia.org/wiki/Paintbrush>

- **Size**
 - One or two large brushes that are at least 1.5 - 2 inches in width
 - One to two medium size brushes
 - One small detail brush
 - Each manufacturer makes their brushes slightly different from the other, so as a general rule, small brushes are measured either as 0-4, 5. Medium brushes go from 6- 10 in size, and anything greater are large brushes.
- **Fiber**
 - Soft Hair Brush: Good for blending and creating smooth textures. The best soft natural fibers are red sable brushes. Nylon brushes are soft synthetic hairs.
 - Blending Fan Brush: Best blending fan brushes are badger hair brushes.
 - Stiff Hair Brush: The fibers are good for seeing brush marks on the painting surface. The best stiff brush hairs are hogs hair, bristle brushes, and some synthetic hairs.
- **Shape**

- Round: Good for precise work, small works, delicate work and detail
- Filbert: All around good brush
- Flat: All around good brush, and great for covering large amounts of surface
- Bright: All around good brush, but the shorter hairs make it not favorable for blending
- Fan: Great for blending and specific textures

Canvas

Generally, I'd recommend sizes comfortable for the art student and manageable. Anything from 11 x 14 inches to 16 x 20 inches are good sizes to start out. Michaels® arts and crafts store are notorious for offering incredible deals on canvas packs that average about \$2 per canvas. Some good brands are Fredrix and Blick's line of canvas. Having said that, Linen is a far superior fabric to canvas but will be more expensive.

Wood Panel (Rigid Support)

The more archival painting surface, is a rigid support such as wood panels. Often these are sized or waterproofed, and then gessoed to be paint ready. The following link shows some great wood panels if you'd like to make your own wood panel:

<https://www.artistcraftsman.com/surfaces/canvas-panels/wood-painting-panels.html>

Ampersand makes a great ready to paint wood panel often found in many art stores:

<https://www.artistcraftsman.com/catalogsearch/result/?q=ampersand>

General Supplies

- Palette: Glass, plexiglass or grey disposable palette paper pads, 12 x 16 inches is recommended. Blick or Richeson makes good disposable palette pads.
- Closable Jars or Containers: 2 in total, 1 for solvents and 1 for oil medium.
- Palette Knives: Richeson and Blick make serviceable palette knives. Check out my personal choice: <https://www.dickblick.com/products/blick-palette-knives-by-rgm/>
- Rags or Paper Towels; Bounty is the best.
- Solvent: Odorless Turpenoid or Mineral Spirits like Gamsol by Gamblin or Weber brand.
- Oil Medium: Oil medium is usually 3 parts Linseed oil+ 1 part turpenoid; or you can purchase pre-mixed oil mediums at the art store. Oil mediums like refined linseed oil or sun thickened linseed oil are usually modified to be a touch thicker than regular linseed oil. Cold pressed linseed oil is a bit darker than linseed oil but is thinner and is good for beginners. I personally recommend walnut oil. Blick, and Artist and Craftsman make pre-made oil painting mediums. This link is an example of what I like as an oil medium: <https://www.dickblick.com/products/m-graham-walnut-alkyd-medium/>
- Oil Cleaner Soap: Dawn dish soap or Murphy's oil soap to clean brushes.
- Optional: Weber makes an oil cleaning agent called Turpenoid Natural that is great for cleaning oil paint and brushes.
- For Acrylic: A slow dry medium is suggested, sometimes called a retarder medium.
- Surface to Paint: Whether it's a flexible support like canvas for oil/acrylic or watercolor paper. For watercolor I recommend, 140-300 Lbs, cold press (textured) or hot press (smooth).