

WCBL Schedule of In-Person & Virtual Events | April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GENTLE MOVEMENT AND BREATHING 8:30 AM - 9:15 AM <i>Join Via Zoom</i>	QI GONG Beginner: 9:00 AM - 9:45 AM Advanced: 10:00 AM - 10:45 AM <i>Taught in Chinese 6th Floor Rooftop</i>	A-B-C EXERCISE 8:30 AM - 9:15 AM <i>Join Via Zoom</i>	ALLIANCE STAGE COMPANY Acting: 10:00 AM - 10:45 AM <i>4th Floor, Room 404</i>	TAI CHI Advanced: 9:10 AM - 10:05 AM Beginner: 10:15 AM - 11:10 AM <i>Taught in Chinese 6th Floor Rooftop</i>
DANCE STRETCHING 9:00 AM - 9:45 AM <i>6th Floor Rooftop</i>	CHAIR YOGA 9:00 AM - 9:45 AM <i>4th Floor, Room 404</i>	SELF-DEFENSE 10:00 AM - 11:00 AM <i>4th Floor, Room 404</i>	ALLIANCE STAGE COMPANY Drama: 11:00 AM - 11:45 AM <i>4th Floor, Room 404</i>	BEYOND BLOTS: MIXED MEDIA AND INKBLOT 10:00 AM - 12:00 PM <i>1st Floor, Room 159R</i>
CONTEMPORARY CHINESE DANCE 10:00 AM - 10:45 AM <i>6th Floor Rooftop</i>	WATERCOLOR PAINTING Demo: 10:30 AM - 11:25 AM Studio: 11:30 AM - 12:25 PM <i>1st Floor, Room 156R</i>	CHINESE BEADING SERIES Demo: 10:00 AM - 10:45 AM <i>1st Floor, Room 159R</i>	HANDBUILDING CERAMICS Demo: 10:00 AM - 10:55 AM Studio: 11:00 AM - 11:55 AM <i>Studio A, M Floor</i>	CRAFTS 1:00 PM - 1:45 PM <i>4th Floor, Room 404</i>
CHINESE DISCUSSION GROUP 10:00 AM - 11:00 AM Led in Chinese <i>4th Floor, Room 404</i>	ORIGAMI 12:45 PM - 2:15 PM <i>4th Floor Boardroom</i>	CHINESE BEADING SERIES Studio: 11:00 AM - 11:45 AM <i>1st Floor, Room 159R</i>		SEWING 2:00 PM - 2:45 PM <i>4th Floor, Room 404</i>
GAME TIME 1:30 PM - 3:30 PM <i>6th Floor Rooftop</i>	SALT 2:00 PM - 3:00 PM <i>4th Floor, Room 404</i>	SELF-DEFENSE CLASSES for Adults 18+ 11:00 AM - 12:00 PM <i>4th Floor, Room 404</i>		TAI CHI w/ MCC Fitness 2:00 PM - 3:00 PM <i>6th Floor Rooftop</i>
	ZUMBA GOLD® w/ MCC Fitness 2:00 PM - 3:00 PM <i>6th Floor Rooftop</i>	PILATES w/ MCC FITNESS 2:00 PM - 3:00 PM <i>6th Floor Rooftop</i>		KEY
	ACRYLIC PAINTING Demo: 3:00 PM - 3:55 PM Studio: 4:00 PM - 4:55 PM <i>1st Floor, Room 156R</i>	JAZZ LINE DANCE 3:15 PM - 4:15 PM <i>6th Floor Rooftop</i>		LIGHT GREY: Virtual Activity
				WHITE: In-Person Activity



*All in-person classes require registration EXCEPT MCC Fitness classes. Please note that all 6th Floor classes take place indoors.

WCBL Special Events/Cancellations | April 2026

CANCELLATIONS /ROOM CHANGES	BUILDING CLOSURES	SPECIAL EVENTS
<p>NO DANCE STRETCHING AND CONTEMPORARY CHINESE DANCE 4/6, 4/13, 4/20, & 4/27</p>		<p>DIGITAL LITERACY WORKSHOP (MANDARIN) 2:30 PM - 3:30 PM Room 404 4/1 & 4/15</p>
<p>NO ZUMBA GOLD® 4/14</p>		<p>BOOM BABY BOOM Thursdays 1:00 PM - 2:00 PM Room 404 4/2 & 4/9</p>
<p>NO PILATES 4/15, 4/22, 4/29, & 5/6</p>		<p>POETRY IN MUSIC APRIL 3-WEEK SERIES Wednesdays 1:00 PM - 2:00 PM Room 404 4/8, 4/15, & 4/22</p>
<p>JAZZ LINE DANCE Moved to Basketball Court, CR Level Time changed to 12:30 PM - 1:30 PM 4/22</p>		<p>NEW SCHOOL CONCERT AT BREAKFAST 4/16</p>
		<p>TRIP TO NYBG Ticketing starts, 4/6 11:00 AM Trip Date: 4/21</p>
		<p>NUTRITION FOR BRAIN HEALTH WITH DOUG 10:00 AM Room 404 4/28</p>

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